

# Aromatherapy Core Program

A Comprehensive Training Program for Long Term Care Communities



## Improve Quality Measures

Meeting the need to provide effective non drug options



## Smooth Implementation

Expert consulting and a comprehensive program guides you each step of the way



## A True Holistic Program

From patient care to staff wellness - a healthy mind, body, & spirit of all involved is our goal

## Be Certain

At this point, you've probably heard about the promising results that essential oils are delivering on a regular basis. Perhaps you've even tried to DIY something on a small scale to "test the waters." There is a tremendous amount of confusing and conflicting information out there - but, most of it is marketing aimed at the general public.

**Here's a Clinical Aromatherapist insider view of what's currently happening with a "do it yourself" approach of using essential oils in Healthcare settings:**

- Staff or residents complain about overwhelming aroma
- Someone on staff "knows a little about essential oils" and they are directing your oil choices and methodology
- You have tried using lavender in various ways, but now it's time to step it up and experience better outcomes
- The "aromatherapy stuff" goes into the closet when Survey comes!

## There's a Better Way!

You need staff education, policy, and clear process and procedure to use essential oils in a clinical setting. Our one of a kind Aromatherapy Core Program is developed within the best practices of clinical aromatherapy. You will have a safe, effective and sustainable program you can be proud of!

## Jodi's Mission

It's my mission to help healthcare professionals who wish to bring essential oil therapies into healthcare. *Why? Because of the amazing benefits for symptom relief!*

When I see the results and the benefits that patients & staff experience, I get even more enthusiastic! I hear about improved moods and sleep, how our holistic approach brings much needed stress relief, and enhances well-being for all.

Starting an effective Aromatherapy program requires education, planning and a new skill set. *Especially if it involves a vulnerable population!*

I have years of experience teaching aromatherapy in healthcare settings of all sizes. I know what it takes to make it happen!



*"I can't imagine not offering aromatherapy to our residents anymore, we **all** rely on it!"*  
**- Marilyn, ABS Home**

# Results Our Satisfied Clients Are Reporting!



## Improve Quality Measures

"Our Quality Measure number for anti-psychotic medication use in January of 2016, was 87%. Our number in June of 2017 **was down to 36%** after implementing aromatherapy thru Jodi! *Awesome!*"

- Alicia, RN, CCP, RAC-CT VA Home



## Reliable Natural Options

"A Resident used Tramadol 13 times from the 1st - 10th of July. Started her on Comfort Massage Oil on the 10th. Since then she has utilized Tramadol 6 times in 10 days! 50% reduction in the usage of pain medication!"

- Cindy G., Wishek Living Center



## Reduce Stress + Enhance Well Being

"We rated our overall stress level at our home a 10! Now after bringing Jodi's Aromatherapy Core Program into our home, **we all agree it's now a 3!**"

- Marilyn C., Thornecrest Senior Living Community

## The Aromatherapy Core Program Includes:

### CONSULTING:

We guide your team every step of the way. Dedicated consulting hours saves you time and provides a clear process to begin.

### STAFF TRAINING:

You'll have 24/7 online access to our digital classroom. Staff training is delivered in a two tiered approach for your lead staff and support staff, can be used as a group, or independently. Program includes PDF guides for quick reference.

### IMPLEMENTATION:

We make sure you'll reap the maximum benefits for your residents as you start using your new skills. We provide ongoing expert advice for our clients.

### \*BONUSES\* - When caregivers are supported - everyone benefits.

**Staff Wellness Class** - This module is dedicated to the health and well-being of you and your team! We want your team to benefit from essential oils throughout your day to calm the nervous system and help reduce stress. We even include a "Staff Only" kit of essential oils and supplies!

**Support Staff Snapshot** - An abbreviated version of the program designed to easily and quickly train the team on the floor with "need to know" only information to get them up to speed fast!

**10% Discount** - Both your site and staff are eligible for a 10% discount on essential oil products. Receive this informational video that you and your team can have an preview of our program.

Want to learn more? Request our informative video!

## Aromatherapy Core Program Overview:



## Improve Quality Measures with Aromatherapy!

Click Here



Get the Program Overview Video!



Click Here